



SIGMA GROUP ACTIVITIES

Network on the Slopes: Guide Included!

Sunday, January 22, 2012 9:00 AM – 12:00 PM

(Separate sign up and fee required)

Not sure who skis at your level? Don't want to ski by yourself? We've got you covered! Come join the fun and ski with friends on your level! Sign up for this networking event --Skill-based groups will be formed by ski level and led by a professional guide/instructor who will tailor the lesson to your group's ability – anywhere from greens to black diamonds! Enjoy the beautiful Colorado scenery during this three-hour tour of the mountain. Get the chance to make new friends and have fun with them while you enhance your skiing skills!

Ski Like a Girl in Vail! *Spouse Event*

Monday, January 23, 2012 9:00 AM – 12:00 PM

(Separate sign-up and fee required)

Come join the fun and ski with some fabulous SIGMA Ladies! Skill-based groups will be formed by ski level and led by a professional guide/instructor who will tailor the lesson to your group's ability – anywhere from greens to black diamonds! Enjoy the beautiful Colorado scenery during this three-hour tour of the mountain. Get the chance to make new friends and have fun with them while you enhance your skiing skills! Afterwards, the groups will all meet for lunch to chat about the adventure. What a great way to network and have fun on slopes!

Lunch at Vail Blue Moose

Monday, January 23, 2012 12:00 PM – 2:30 PM

(Sponsored by PDI)

Located just 30 yards from the Gondola and a 2-3 minute walk from the hotel, this lively Italian eatery offers the perfect locale for a fun and casual dining experience. Serving an extensive Italian menu, featuring signature NY Style pizza, in addition to a variety of appetizers, salads, subs, and hot Italian entrees, the Blue Moose has established itself as a favorite amongst the guests of Vail.

Snowmobiling – The Top of the Rockies

Tuesday, January 24, 2012, Time 12:30 PM – 4:30 PM

(Separate sign-up and fee required)

Join us for the ultimate snowmobile experience at the Top of the Rockies. Take your guided snowmobile tour up to 12,500 feet in the White River National Forest at Historic Camp Hale. Tours include endless miles of open meadows and spectacular panoramic views of four surrounding mountain ranges including the Continental Divide. All tours include door-to-door transportation, a professional guide, snowmobile, snowsuit, boots and helmet. Both one-person and two-person snowmobiles are available.

Dog Sledding – At 4 Eagle Ranch

Tuesday, January 24, 2012, Time 12:45 PM – 3:30 PM

(Separate sign-up and fee required)

Dogsledding begins at the 4 Eagle Ranch, an 1880's homestead with uncluttered views, rich in history and old fashion charm. Easily accessible from Vail, dogsledding at the 4 Eagle is a unique experience. Upon arriving at the 4E guests will make final preparations in the historic Nelson Cabin before hitting the trail. Glide silently through the lower meadows headed for the upper mesa. Up on the mesa sighting wild game is a daily occurrence and the view offers non-stop photo ops. Sleds stop for a short break at a remote hunting camp and sip hot chocolate around the wood stove. Following the break, guests will head back to the ranch. This tour requires no experience; there is no age limit, and no specific level of fitness.

Stress Reduction Program

Tuesday, January 24, 2012, Time 4:00 PM – 5:30 PM

(Sponsored by Simmons)

With the generosity of a sponsor you'll be treated to a relaxing dip in the hot tub, an icy beverage and a 5 minute rub down. The Vail Marriott has the perfect outdoor pool deck to accommodate our group and provide the perfect stress management program.

Dinner at Game Creek

Tuesday, January 24, 2012, 6:00 PM – 10:00 PM

(Separate sign-up and fee required)

Enjoy Vail Mountain's most exclusive dining experience! Take a short ride up the Eagle Bahn Gondola to Eagle's Nest, then take a Snowcat to this elegant, European-style chalet. Located in the White River National Forest, Game Creek offers some of the most spectacular views of the Vail Valley. Guests will enjoy Contemporary Regional American Cuisine with an emphasis on fresh Colorado ingredients. With their 5 star menu, breathtaking views and extensive wine list, this is a dining experience second to none.

ON-YOUR-OWN ACTIVITIES

Vail Snowsports School

Welcome to Vail, home of the finest snowsports school in the world. Vail is proud of their tradition of excellence, and are committed to staying at the forefront of the profession by investing in technology, facilities and pros. Their incredibly diverse staff brings a wealth of knowledge and skill with a guest-centered focus to help you achieve your goals and experience Vail Mountain like you never have before. If you have any questions, please call 970.SKI.VAIL (754.8245), <http://www.vail.com/ski-and-snowboard-school/ski-and-snowboard-school-home.aspx>.

Adventure Ridge

Vail's Mountaintop Activity Center. Play all day and well into the night at Adventure Ridge with ski bikes, kids snowmobile track, a slippery slope of rip-roaring tubing lanes and more. 970.SKI.VAIL (754.8245), <http://www.vail.com/activities/adventure-ridge.aspx>.

Tubing

Grab a tube, hop a lift, get a rush. The multi-lane tubing hill whisks you downhill while the easy-access surface lift takes you back up quickly. Tubing begins on the hour and the half-hour starting each day at 2:30 p.m. (based on availability). Session length is one hour. Children 5 and under must be accompanied by an adult on the hill. All tubers must be at least 36 inches tall. A one hour session will cost \$28.00

Snowshoeing

From animal tracks to the mountain pine bark beetle, the [Gore Range - Nature Discovery Center](#) is your source for all things wild - including guided snowshoe tours with an expert naturalist. See and learn about the wild side of Vail in the most pristine of settings. All ages welcome, but they recommend adults and kids over 10.

Small World Nursery School

Children 2 months to 6 years will have a terrific time in this colorful vacation child care center. The nursery at Golden Peak is open seven days a week for the winter season from 8 am - 4:00 pm each day. For more information and pricing details visit the Vail Small World Nursery School go to <http://www.vail.com/plan-your-trip/child-care-and-nursery/nursery-search.aspx>. or call 970-754-3285.

Shopping

Vail offers hundreds of shops from boutiques to ski equipment. Find the perfect pair of cowboy boots or ski boots, jewelry and cocktail dresses, apparel and art; anything and everything makes Vail a shopping destination. With unique stores you will find gifts and items you can't live without that are offered nowhere else.

Colorado Ski Museum and Colorado Ski and Snowboard Hall of Fame

The Colorado Ski Museum/Colorado Ski and Snowboard Hall of Fame is located on the 3rd floor of the Vail Transportation Center. Open every day of the week, except Monday, the Museum has wonderful historical artifacts from Colorado's rich skiing and snowboard heritage. At the Museum, you can see great exhibits on the timeline of skiing and snowboarding. While you're there check out the exhibit on the 10th Mountain Division, originally based at Camp Hale towards Leadville.

Vail is a world class resort with a myriad of options for winter sports enthusiasts. For more information and to tailor your trip for your family go to the following website: <http://vail.snow.com/winter/vp.asp>
It is the most comprehensive website that we've found with information and options for all ages.